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Comments &

Coleslaw

Submitted by: **Heather**

Makes 4 servings

Prep Time:

15 Minutes

Average Rating:

★★★★★

Rated by 4 users

" Coleslaw without mayonnaise dressing. "



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Ingredients

- 1 medium head cabbage, shredded (or 1 package of pre-cut up coleslaw mix)
- 1 carrot
- 1/4 onion, chopped
- 1/4 cup olive oil
- 1/4 cup vinegar
- 1/4 cup white sugar, season with garlic salt and white pepper

Directions

- 1 In a large bowl, combine cabbage, carrot, onion, vegetable oil, vinegar and sugar. Stir until the ingredients are well mixed. Chill in the refrigerator until serving.

Makes 4 servings

Scale this Recipe to

 servings

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Nutrition at a glance

Servings Per Recipe: 4

	amount per serving
Calories	238
Protein	4g
Total Fat	14g
Sodium	48mg
Cholesterol	-
Carbohydrates	28g
Fiber	6g

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