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Turkey Chili (beanless)

Submitted by: **Rebecca Slone**



Makes 6 servings

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Prep Time:

20 Minutes

Cook Time: 1 Hour

15 Minutes

Average Rating:

Rated by 5 users

" I never knew what I was missing until my mother-in-law made this! Everyone begged her for the recipe. A nice and easy way to feed a crowd. Thanks to my mother-in-law this has become a favorite dish! Can be frozen very well and doubled for a larger crowd. Top with shredded cheese. "

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Ingredients

- 1 onion, diced
- 2 cloves garlic, minced
- 2 pound ground turkey
- 1 (15 ounce) can tomato sauce
- 2 (14.5 ounce) can crushed tomatoes
- 3 tablespoons chili powder
- 2 tablespoon dried oregano
- 2 tablespoon dried basil leaves
- 2 tablespoon red wine vinegar

Directions

- 1 In a large heavy pot over medium heat, cook onion and garlic until onions are translucent. Introduce turkey and cook, stirring, until meat is brown. Stir in beans, tomatoes, chili powder, oregano, basil and vinegar. Reduce heat to low, cover and simmer 60 minutes or more, until flavors are well blended.

Makes 6 servings

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Nutrition at a glance

Servings Per Recipe: 6 amount per serving

Calories	343
Protein	28g
Total Fat	7g
Sodium	987mg
Cholesterol	60mg
Carbohydrates	44g
Fiber	17g

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