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## Southern U.S. Cuisine

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### Pork Steak Casserole

- 1 1/2 lb. pork steak cut into strips
- 2 tbsp. oil
- 1 lg. onion, chopped
- 16 oz package of egg noodles
- 1 (4 oz.) can mushrooms, drained
- 8 oz. can tomato sauce
- 3 tbsp. brown sugar
- 1 1/2 tbsp. vinegar
- 1 1/2 tsp. salt
- 2 tbsp. Worcestershire sauce

Brown pork in oil in skillet. To remove excess fat drain on paper towels. Place pork strips and all remaining ingredients in crockpot. Cover and cook for 6 to 8 hours on low or 4 hours on high. Serve over noodles or rice. May be placed in a greased casserole dish and baked for 2 hours at 350 degrees.

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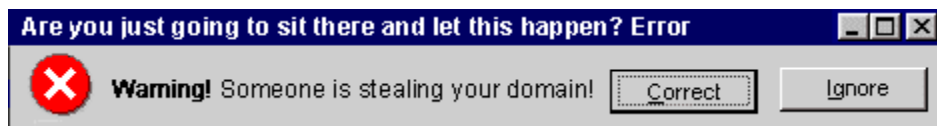
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