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Southern U.S. Cuisine

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Round Steak Italiana

- 1 1/2 pounds Round steak
- 15 1/2 ounces Spaghetti sauce w/mushrooms
- 1 teaspoon Salt
- 1/2 teaspoon Oregano
- 1/4 teaspoon Pepper
- onions optional

Cut steak into 5 or 6 serving-size pieces. Coat with salt, oregano, and pepper. In crock-pot pour spaghetti sauce over the meat. Cover and cook on low for 7 to 9 hours or until meat is tender. Turn control to high; add onions. Cook on high for 10 to 15 minutes. Serves 6.

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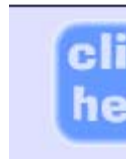
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